



LESSON 7.1



DRAW IT!

What are you afraid of? Draw a picture of it. While you're drawing, ask Jesus to help you not be afraid.

JOURNAL IT!

Write a letter to Jesus. Tell Him about a "storm" in your life. In other words, tell Him about something bad that happened, then ask Him to keep you from falling into fear.

THIS WEEK WE LEARNED

JESUS CALMS THE STORM

BIG IDEA: Jesus helps us sail through the "storms" of life without falling into fear.

BIBLE BASIS: Matthew 8:23-27, Mark 4:35-41, Luke 8:22-25

KEY VERSE: "You came near when I called out to you. You said, 'Do not be afraid.'"

Lamentations 3:57 (NIRV)

READ IT!

Mark 4:35-41. Draw a picture of the story or write to God about your favorite part of the story. Tell Him why you liked it.

PRAY IT!

Write a prayer to Jesus. Ask Him to be near you and to keep you from being afraid.

NEXT WEEK'S LESSON

JESUS DRIVES OUT THE EVIL SPIRITS

BIG IDEA: Jesus is more powerful than the devil, so we don't need to be afraid of evil.

BIBLE BASIS: Mark 5:1-20

KEY VERSE: "Even though I walk through the darkest valley, I will fear no evil, for you are with me." Psalm 23:4a (NIV)