

GROUP DISCUSSION

Questions for facilitating dynamic discussion

The Lost Art (of Disciple Making)

Week of August 10, 2019

Week 2: Come, Follow Me (Jeff Griffin, Senior Pastor)

Text: Matthew 26:37-39

In our study of Jesus' disciple-making strategy we discovered His commitment to teaching through modeling. Jesus invited His men to learn His way by watching His life. We too, must invite those we feel called to impact to watch our lives. They will benefit immensely from seeing our struggle to follow Jesus.

Kicking it off: Jeff showed a picture of his small group whitewater rafting. Some of them were terrified and others delighted. What would your face have displayed if you were on that raft?

Discussion:

1. Read Paul's words found in *1 Corinthians 11:1* "Follow my example, as I follow the example of Christ."

What makes you hesitant to say this to people in your life?

2. Reread *Matthew 26:37* Jesus took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled.

Jesus practiced "Proximity" by asking His disciples to be with him. Brainstorm some recurring activities that could be used to spend time with those you desire to disciple.

3. Jesus practiced "Authenticity." He allowed himself to feel sorrow. Why do many Christians think they need to avoid appearing weak?

4. Reread *Matthew 26:38* Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

Jesus practiced "Transparency." Why did Jesus tell these disciples about His inner turmoil?

5. Have you ever known someone who inspired you spiritually? If so, tell what inspired you about them.

Wrapping It Up:

Pray that God would give your group the courage to be more transparent. Pray that increased transparency would lead to increased spiritual growth for all group members.